

the : word

Proverbs 23:1-8 & 19-25

¹ When you sit to dine with a ruler, note well what is before you, ² and put a knife to your throat if you are given to gluttony. ³ Do not crave his delicacies, for that food is deceptive. ⁴ Do not wear yourself out to get rich; have the wisdom to show restraint. ⁵ Cast but a glance at riches, and they are gone, for they will surely sprout wings and fly off to the sky like an eagle. ⁶ Do not eat the food of a stingy man, do not crave his delicacies; ⁷ for he is the kind of man who is always thinking about the cost. "Eat and drink," he says to you, but his heart is not with you. ⁸ You will vomit up the little you have eaten and will have wasted your compliments. ¹⁹ Listen, my son, and be wise, and keep your heart on the right path. ²⁰ Do not join those who drink too much wine or gorge themselves on meat, ²¹ for drunkards and gluttons become poor, and drowsiness clothes them in rags. ²² Listen to your father, who gave you life, and do not despise your mother when she is old. ²³ Buy the truth and do not sell it; get wisdom, discipline and understanding. ²⁴ The father of a righteous man has great joy; he who has a wise son delights in him. ²⁵ May your father and mother be glad; may she who gave you birth rejoice!

Isaiah 32:1-8

¹ See, a king will reign in righteousness and rulers will rule with justice. ² Each man will be like a shelter from the wind and a refuge from the storm, like streams of water in the desert and the shadow of a great rock in a thirsty land. ³ Then the eyes of those who see will no longer be closed, and the ears of those who hear will listen. ⁴ The mind of the rash will know and understand, and the stammering tongue will be fluent and clear. ⁵ No longer will the fool be called noble nor the scoundrel be highly respected. ⁶ For the fool speaks folly, his mind is busy with evil: He practices ungodliness and spreads error concerning the LORD; the hungry he leaves empty and from the thirsty he withholds water. ⁷ The scoundrel's methods are wicked, he makes up evil schemes to destroy the poor with lies, even when the plea of the needy is just. ⁸ But the noble man makes noble plans, and by noble deeds he stands.

Sermon Recording/CD

Sermons are downloadable from the web site. If you would prefer to purchase a CD, see Graham at the AV desk.

tabernacle : penarth

purpose : to reflect God's love in
our church, community and world

sunday 13th december 2009

today's services

10.30 am - A healthy attitude to Food
Proverbs 23:1-8 & 19-25

6.00 pm - Incarnation in Isaiah - Isaiah 32:1-8

mid -week

Monday

7.30 pm: Prayer meeting

Wednesday

9.30 am: Communion

thought for the week

My people will live in peaceful dwelling places,
in secure homes, in undisturbed places of rest.

Isaiah 32:18

contact : us

Church Centre: 029 2070 2690/ Fax 029 2070 2775

Pastor Roger Grafton: 029 2019 5580

Youth Worker Pete Everitt: 07733 347506

E-mail: info@tabspenarth.org.uk

Website: www.tabspenarth.org.uk

Items for the newssheet should be emailed to:
newssheet@tabspenarth.org.uk

what's : on

SUNDAY

10.30 am Pete Everitt and Gemma Humphreys
6.00 pm Julian Haines and Simon Pedwell
Why not join us for tea/coffee after the services?
8.00 pm The House Thing

MONDAY

9.00 am Maintenance team meet
9.15 am Playgroup (Mon - Thus)
7.30 pm Prayer Meeting

TUESDAY

9.15 am Centre Prayers

WEDNESDAY

9.30 am Communion led by Eunice Grove followed
by coffee
7.30 pm Ladies' Choir Practice

THURSDAY

10.15 am Playgroup Concert
7.30 pm Small Groups meet
7.30 pm Youth meet in the Loft Sunday School
room to study Ephesians.

FRIDAY

9.00 am Maintenance team meet
6.00 pm Xtreme (school yrs 3-6)
7.30 pm Beyond Xtreme (school yrs 7-9)

NEXT SUNDAY

10.30 am Pastor Roger and Simon Pedwell
6.00 pm Candlelit Carol Service followed by
refreshments

ADVANCE NOTICES:

MAINSTREAM WALES: with Julian Richards (of Cornerstone Church, Swansea) 10.00 am – 3.30 pm on Tuesday 26th January 2009 at Carmel Baptist Church, Pontlliw (Nr. Swansea) £7 per person, buffet lunch included Registration is essential by emailing office@swbabugb.org.uk or phoning the Association office on 029 2049 1366

CICC - The Cymru Institute for Contemporary Christianity.

Evangelical Alliance Wales is re-launching CICC in 2010 as part of its 20th anniversary celebrations: March 11th in Cardiff 7.30 pm at Highfields Church CICC is Evangelical Alliance Wales working with Bible Society the South Wales Baptist College, and the Aberystwyth Academy of Christian Discipleship to serve churches across Wales.

Our Mission is to serve Christians in Wales helping them understand and apply the Bible to everyday issues. CICC will do this through events, a website and publications contributing to the ministry of the local church, discipleship of individuals and evangelisation and transformation of our nation. For further information please contact Paul Hocking p.hocking@eauk.org

family : news

Please remember these people in your prayers and those in the fellowship who are largely confined to their homes or continue to be in need of prayer and those who lovingly care for them. We remember especially **Marion Jones, Cynthia Price, Ron Soper, Earl Angove, Margaret Firth, Sylvia Sadler, Sharon Geere, Peter Chilton, Beryl Thomas, Cynthia Padmore, Auriel Knapp and Judith William's mother.**

Preaching Engagements:

Pastor Roger and Jeremy Evans are at 203 Field Hospital Territorial Army Carol service today. On Wednesday evening (16th) **Pastor Roger** is also speaking at Cadoxton Methodist Church's Evangelistic Christmas Meal. He would appreciate your prayers

Andrew Langley is at Gilgal, Porthcawl am
Jonathan Bugg is at Taffs Well United am

Please remember to let Graham know if you are out preaching so that the details can be included in the news sheet

Congratulations

To Gemma Humphreys who preached her first sermon this week at the South Wales Baptist College. Please pray for her and the other part time and full time students at the college as they break for the Christmas holiday. Tabs currently has 8 people undertaking some kind of theological study at college!

Church Magazines, Carol Service Invites and Christmas Services flyers. These are all available in the lounge today. Please "Be wise in the way you act toward outsiders, making the most of every opportunity" (Colossians 4:5) by inviting someone to one of the Christmas services. This is an opportunity for EVERY member of the congregation to be an evangelist!

Orchestra

Do you play a musical instrument? Would you like to join the Tabs Groove Orchestra this Christmas? If so please speak to Jeremy Evans (our conductor) or Gemma for more information.

Address List.

This is currently being reviewed and a list is on display in the lounge. Please check it, tick where correct and let Graham know of any changes in preparation for publication early in January. This will also enable us to maintain the church records

Membership

A large number of people have started coming to Church this Autumn who may be interested in becoming a member. For a pack explaining the rights and responsibilities of membership, a copy of the Constitution and an application form, please speak to Pastor Roger or Gemma Humphreys.

Newsheet

The news sheet next week will cover the two weeks over the Christmas period